



Windy Harbour mini gym rules

As our valued customer, we want you to enjoy the use of our mini gym during your stay with us. Your enjoyment is of great importance to us, however, so is your safety. Before use, please ensure you have familiarised yourself with the below rules.

The Park mini gym will be unsupervised.

Mini gym use & equipment:

- Users are responsible for the safety and wellbeing of themselves and use the gym equipment at their own risk. Partington's do not provide instruction, or assistance for the use of the facilities and equipment. Users must comply within all rules imposed by the company regarding the use of the facilities and equipment.
- Any equipment removed or damaged will be charged at the full replacement cost.
- The Park shall not be liable for any damage to, loss, or theft of personal property.
- No children under 16 are permitted to use the gym. Children aged 16-17 must be supervised by an adult (18+) at all times.
- Do not use the equipment if you are unwell or feel dizzy at any time.
- Seek professional medical advice if you have any health conditions, and/or are pregnant, prior to using the gym equipment. If you do have any health conditions, we recommend that you do not put yourself at further risk by using the gym equipment. Always consult a doctor before undertaking a training programme. Injuries to health may result from excessive or incorrect training.
- Do not eat, smoke, vape, consume alcohol or drugs before or during gym equipment use.
- Please return the free weights to their stand, once you have finished using them.
- Please sanitise equipment using the sanitising station, after use.