

Hot tub health, safety and well-being rules

As our valued customer, we want you to enjoy the use of our hot tub during your stay with us. Your enjoyment is of great importance to us, however, so is your safety. Before use, please ensure you have familiarised yourself with the rules below.

- Hot tub use is at user's own risk.
- Always keep the hot tub covered when not in use. This will prevent young children and animals from falling/climbing in, as well as conserve energy and prevent any debris from getting in.
- Do not stand on the hot tub cover.
- Please shower or rinse before using the hot tub to remove skin lotions, fake tan and makeup. This will preserve the quality and cleanliness of the hot tub.
- Never use the hot tub alone or when you are overly tired.
- People have varying levels of tolerance to temperature. On hot days, the water in the hot tub may become warmer, so please be sure to check the temperature before entering.
- Take care when entering or leaving the hot tub as the steps, decking or patio areas can become slippery when wet. Please wear suitable footwear to protect your feet whilst walking around the hot tub area.
- Keep all loose articles of clothing and jewellery away from the rotating jets and other moving components.
- If you have, heart or circulatory problems, high or low blood pressure, epilepsy, diabetes, are prone to fainting or dizziness, are pregnant, have skin conditions, allergies, any other medical conditions and/or are taking medication, we recommend you do not use the hot tub, without professional medical advice.
- Children 8-16 years of age must be supervised by a suitable adult (18+) at all times.
- No children under 8 years of age are permitted to use the hot tub.
- The recommended duration in the hot tub is 20 minutes.
- If you experience any signs of an allergic reaction, we kindly ask that you exit the tub immediately and seek medical advice as soon as possible. Please report this to Reception.

Do not;

- Consume alcohol before or during hot tub use.
- Use the hot tub after a heavy meal or exercise.
- Drink or immerse your head in the hot tub water.
- Use glassware in the hot tub or surrounding area. There are polycarbonate alternatives in your accommodation for hot tub use.
- Exceed the maximum capacity of your hot tub.
- Use electrical appliances near or in the hot tub.
- Add extra water to the hot tub.
- Smoke or vape in the hot tub.
- Consume food in the hot tub.
- Alter the temperature of the hot tub and/or sauna or touch the controls.

Our Team Members run a daily check on the hot tub, so expect to see a member of staff keeping your hot tub safe for use, throughout your stay.

If you have any questions, please ask a member of the team. We hope you enjoy using the hot tub.